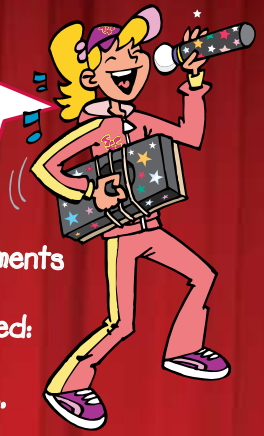


Pedal's musical instruments



I love dancing to music! It helps me get my 60 minutes of exercise each day.



Try making your own musical instruments and make up a tune to dance to.

For all these instruments you will need:

• scissors • glue • decorations like tissue paper, pipe cleaners, stickers, coloured paper and confetti

Sing it!



For this microphone you will need:
• black card • strong glue • cotton wool • hair net or satsuma net

1. Roll a sheet of black card up to make a cylinder.
2. Carefully glue the edges of the cylinder together with strong glue.
3. Wrap the net around a handful of cotton wool and poke it into one end of the cylinder. Stick it in place with some glue.
4. Decorate your microphone.

Blow it!



For these pan pipes you will need: • three water bottles • one thick elastic band • food colouring • water

1. Stretch a thick elastic band around the water bottles to hold them together.
2. Cover the elastic band with some pipe cleaners and add other decorations.
3. Pour a little bit of water into each bottle. Make sure there is a different amount in each.
4. Add a drop of food colouring to the water.
5. To play your pan pipes, blow gently over the open neck of each bottle. Because of the differing amounts of water you put in, the sound should be different for each one.

Shake it!



For this shaker you will need:
• uncooked rice • plastic water bottle with lid

1. Put some rice in the bottle and screw the lid back on.
2. Cover the bottle with tissue paper and any other decorations you have.
3. Shake it to play it - make up a rhythm and dance along!

Tap it!



For these drums you will need:
• two big paper cups • two elastic bands • paper • glue • decorations

1. Decorate the paper cups.
2. Use an elastic band to fix a piece of paper to the top of each cup.
3. Wrap a pipe cleaner around the cup to hide the elastic band.
4. Tap the drum with your hand to play it.

For this guitar you will need: • shoe box or tissue box • 3 thick elastic bands

1. Carefully cut a round hole in the top of a shoe box with scissors. If you use a tissue box the hole should already be there.
2. Stretch three elastic bands around the shoe box. Make sure they cover the hole.
3. Add some decorations.
4. To play it, pluck the elastic band strings.

Pluck it!

