

My favourite colour

by Mixer

O is for... orange!

Orange plant foods are oh so delicious!



This grapefruit is pink and juicy on the inside.

Pumpkins grow on a vine above the ground.

Marvellous mango is a tropical fruit which grows on big leafy trees.

Chilli peppers are members of the capsicum family.

Satsumas usually have a loose skin, which is easy to peel.

Sharon fruit is another name for the sweet fruit, kaki persimmon.

Make raw dipping sticks out of these orange peppers.

Why did the orange stop rolling down the hill?

Because it ran out of juice!

Turmeric adds flavour and colour to curries and stews.

The physalis is a fruit from the nightshade family.

Orange rind can be used in dishes for extra flavour.

Butternut squash has a golden brown skin that we don't eat.

Carrots are related to parsley.

You can eat these papaya seeds. They taste spicy!

The part of the sweet potato we eat is called a tuber and it grows underground.

Peaches feel like velvet!

Can you think of any orange plant foods that aren't on this page?