

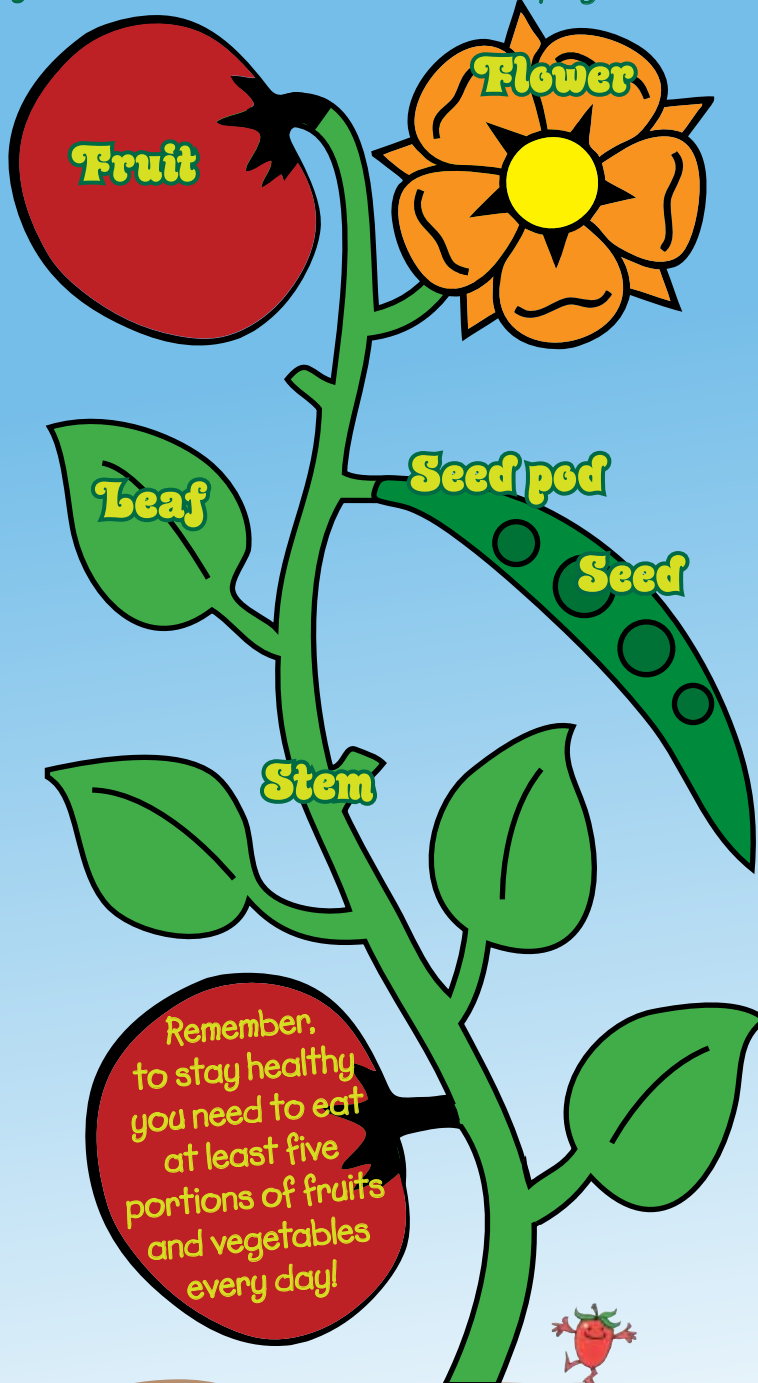
# Which parts of the plant do we eat?

Did you know that when you eat vegetables and fruits you are actually eating parts of a plant? Match the fruit or vegetable to the part of the plant it comes from then check your answers at the bottom of the page.

Can you name any other fruits and vegetables that belong to each of the plant parts listed here?



**Green beans**



**Lettuce**



**Apple**



**Potato**



**Carrot**



**Celery**



**Sweetcorn**



**Broccoli**



Remember, to stay healthy you need to eat at least five portions of fruits and vegetables every day!

**Tuber**

**Root**

Sweetcorn: seed. Potato: tuber. Carrot: root. Green beans: seed pod. Celery: stem. Apple: fruit. Broccoli: flower. Lettuce: leaf.

Take a look at [www.greatgrubclub.com](http://www.greatgrubclub.com) for more fun activities!