



Nutrient Snap

Cut out these cards.



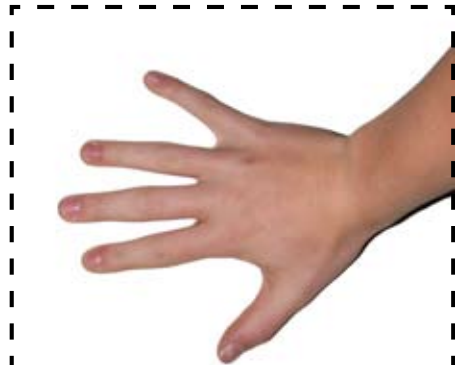
give us
VITAMIN A



good for
EYESIGHT



give us
VITAMIN C



good for
SKIN



give us
FIBRE



helps us
GO TO THE TOILET