

LET'S GO FLY A KITE!



You will need:

- A4 coloured paper
- 30cm ruler • pencil
- scissors • collage paper or colouring pens • glue
- old newspaper
- hole punch
- 4 reinforcement rings • string

I love flying kites. It's a fun way to make sure I get my 60 minutes of exercise each day. Making a paper kite is easy. What will your kite look like?



1



First, draw a line 7½cm in from each of the shortest sides of the paper. Fold the paper along each line towards the centre.

2



Where the two flaps meet, draw a dot 7½cm down from the top of the paper. Draw lines from this dot to the four corners of the paper.

3



Open out and cut along the lines on the flaps to make the kite wings.



4



Next, decorate the kite using colouring pens or make a collage using coloured paper.



5



Cut three strips of newspaper 3cm wide and 1m long. Stick them together at the back to make the kite's tail.

6



Use the hole punch to make a hole in the corner of each flap. Stick the reinforcement rings on both sides of each hole.

7



Cut two pieces of string 60cm long. Put a piece of string through each hole and fasten with a knot. Now bring the other ends of each string together and tie another knot. From this knot tie a piece of string about 20m long.

8



Now the kite is ready to fly. Wait for a windy day. Ask an adult to take you to an open space, away from trees and power lines. Stand with your back to the wind and unwind a few metres of the kite string. Ask the adult to carry the kite away from you, holding it up into the wind. When the string is pulled tight ask them to toss the kite up into the air. As it goes up, start letting out more string.

Why not try organising a kite contest in your neighbourhood or school?