

# Make an Eggs-traordinary penguin



Turn an ordinary egg carton into a cute little penguin. It's easy and lots of fun too.



**Did you know?**  
Eggs, together with meat, fish and beans, are a good source of protein which helps your body grow and repair. They also contain vitamins and minerals, like vitamin A which is good for your eyesight.

**You will need:**

- 1 egg carton
- scissors
- black acrylic paint
- paintbrush
- sticky tape
- orange, black and white sheets of paper
- 2 wiggly eyes
- glue



**1** First, cut two cups from an egg carton and trim them to make them roughly the same size.



**2** Next, paint the insides and outsides of the two cups black. Let them dry for 15-20 minutes.



**3** Hold the two cups close to each other and put some tape on the inside to stick them together. You should end up with a ball shape that you can open and close.



**4** Cut out two orange triangles from the paper and stick them to the opening to make a beak. Then cut out two black wings, two orange feet and a white belly and glue them in position. Ask an adult to help you if you find it tricky.



**5** Finally, glue on the wiggly eyes. Your penguin is now ready. You can use your little penguin to keep small treasures inside, like nuts or dried fruits.



**6** Why not make more egg carton animals and give them as gifts to friends and family? Have fun with your eggs-tra special friends!